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[E-BOOK] Oils and Perfumes of Ancient Egypt

## Oils and Perfumes of Ancient Egypt

**Joann Fletcher : Oils and Perfumes of Ancient Egypt** before purchasing it in order to gage whether or not it would be worth my time, and all praised Oils and Perfumes of Ancient Egypt:

0 of 0 people found the following review helpful. Great Information for size of bookBy ShakyanI've read many books on Ancient Egyptian use aromatic plants and oils, and this one, though small, is chock full of very detailed, historically accurate material. The citations and timeline are useful also. Great recipes, great little book.4 of 4 people found the following review helpful. Lovely scented oils and book with history and ideas for useBy msleslieThis set from the British Museum has three basic oils used widely in ancient Egypt and a high quality booklet with the history of that usage, with recipes and ideas for you to use. I love them, and have tried many of the ideas. Apparently Cleopatra perfumed different areas of her body and hair with different scents at the same time, which I have begun to emulate; cinnamon oil massaged into my feet, lotus oil lightly brushed through my hair - surrounding one's self with scent is so wonderful! It is a delightful, sensual learning experience!8 of 8 people found the following review helpful. Blissful experienceBy Christine J. HaydenThe perfume of these products is unlike anything I have ever used. Being allergic to many perfumes, this was just a blissful experience. After an aromatherapy massage the perfume lingers for quite a while and people have asked me what perfume I am wearing. As I am researching ancient Egyptian therapies this was just a lovely surprise. I highly recommend it.

Ancient Egyptians at all levels of society were extremely concerned with scent and cleanliness and used an array of aromatics and essential oils to suit all occasions, both in this life and the next. Joann Fletcher investigates the extensive evidence in artistic, literary and archaeological sources and provides a guide to various oils and perfumes favoured by the ancient Egyptians. She looks at where they came from, how they were produced and stored and at the different ways in which they were used - practical, therapeutic, social, religious and funerary. Finally she suggests a number of

ways to indulge yourself in true ancient Egyptian style.